

Nutritional analysis

Energy Fruit



	p.32g	p.100g	RI*
Energetic value	451 kJ 106 kcal	1408 kJ 332 kcal	17%
Fat	0 g	0 g	0%
<i>of which saturated</i>	0 g	0 g	0%
Carbohydrates	26 g	82 g	32%
<i>of which sugars</i>	24 g	74 g	82%
Proteins	0 g	0 g	0%
Salt	0,038 g	0,12 g	2%

*Reference intake of an average adult (8400 kJ/2000 kcal)