

# Nutritional analysis

## MCT Oil



	p.100g	RI*
Energetic value	3762 kJ 900 kcal	45%
Fat	100 g	143%
<i>of which saturated</i>	100 g	500%
Carbohydrates	0 g	0%
<i>of which sugars</i>	0 g	0%
Proteins	0 g	0%
Salt	0 g	0%

\*Reference intake of an average adult (8400 kJ/2000 kcal)